



FIRST LUTHERAN CHURCH

July 7, 2024, Seventh Sunday after Pentecost
Pastor Erik Rundquist

OUR MISSION STATEMENT:

"We are called by God to grow in faith together, sharing Christ's love with each other and our community."

Welcome to Worship this morning!

To receive Holy Communion, you may come to the front and receive the bread and wine or grape juice, you may ask an usher to have the pastor bring the elements to you in the pew, or you may pick up the cup/wafer in the narthex before the service and commune yourself at your seat.

Reminder: We are videoing "live."

Please sign the pew pad and pass down the aisle. Thank You.

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Jesus does great deeds of power and gives his disciples authority over demons. Yet none of this power is unilateral; it all must be received by faith. Jesus asks his disciples to go out without money or supplies, so that they will be dependent on how others receive them. When we are sent from the assembly to witness and to heal, we are asked to be vulnerable, to be dependent on the reception of others. The Spirit always operates in the "between": between Jesus and his Abba, between Jesus and us, between you and me, between us and those to whom we are sent.

Prelude

Welcome & Announcements

Lighting of the Candles and Ringing of the Bell

Hymn "Lord, You Give the Great Commission" (vs. 1-3) Red Worship Book# 579

1 Lord, you give the great commission: "Heal the sick and preach the word." Lest the church neglect its mission, and the gospel go unheard, help us witness to your purpose with renewed integrity:

Refrain: With the Spirit's gifts empower us for the work of ministry.

2 Lord, you call us to your service: "In my name baptize and teach." That the world may trust your promise, life abundant meant for each, give us all new fervor, draw us closer in community: **Refrain**

3 Lord, you make the common holy: "This my body, this my blood." Let us all, for earth's true glory, daily lift life heavenward, asking that the world around us share your children's liberty: **Refrain**

Text: Jeffery Rowthorn, b. 1934

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Confession and Forgiveness

All may make the sign of the cross, the sign that is marked at baptism, as the presiding minister begins.

P: Blessed be the holy Trinity, ✚ one God, the God of manna, the God of miracles, the God of mercy.

C: Amen.

P: Drawn to Christ and seeking God's abundance, let us confess our sin.

Silence is kept for reflection.

P: God, our provider,

C: help us. It is hard to believe there is enough to share. We question your ways when they differ from the ways of the world in which we live. We turn to our own understanding rather than trusting in you. We take offense at your teachings and your ways. Turn us again to you. Where else can we turn? Share with us the words of eternal life and feed us for life in the world. Amen.

P: Beloved people of God: in Jesus, the manna from heaven, you are fed and nourished. By Jesus, the worker of miracles, there is always more than enough. Through Jesus, ✚ the bread of life, you are shown God's mercy: you are forgiven and loved into abundant life.

C: Amen.

Prayer of the Day

L: God of the covenant, in our baptism you call us to proclaim the coming of your kingdom. Give us the courage you gave the apostles, that we may faithfully witness to your love and peace in every circumstance of life, in the name of Jesus Christ, our Savior and Lord.

C: Amen.

First Lesson

Ezekiel 2:1-5

Paul Olson

¹ [A voice] said to me: O mortal, stand up on your feet, and I will speak with you.² And when he spoke to me, a spirit entered into me and set me on my feet; and I heard him speaking to me.³ He said to me, Mortal, I am sending you to the people of Israel, to a nation of rebels who have rebelled against me; they and their ancestors have transgressed against me to this very day.⁴ The descendants are impudent and stubborn. I am sending you to them, and you shall say to them, "Thus says the Lord GOD."⁵ Whether they hear or refuse to hear (for they are a rebellious house), they shall know that there has been a prophet among them.

Psalm 123

Paul Olson

C: To you I lift my eyes,
to you enthroned in the heavens.

L: As the eyes of servants look to the hand of their masters, and the eyes of a maid to the hand of her mistress, so our eyes look to you, O LORD our God, until you show us your mercy.

C: Have mercy upon us, O LORD, have mercy,
for we have had more than enough of contempt,

L: too much of the scorn of the indolent rich,
and of the derision of the proud.

2 Corinthians 12:2-10

Paul Olson

² I know a person in Christ who fourteen years ago was caught up to the third heaven—whether in the body or out of the body I do not know; God knows.³ And I know that such a person—whether in the body or out of the body I do not know; God knows—⁴ was caught up into Paradise and heard things that are not to be told, that no mortal is permitted to repeat.⁵ On behalf of such a one I will boast, but on my own behalf I will not boast, except of my weaknesses.⁶ But if I wish to boast, I will not be a fool, for I will be speaking the truth. But I refrain from it, so that no one may think better of me than what is seen in me or heard from me,⁷ even considering the exceptional character of the revelations. Therefore, to keep me from being too elated, a thorn was given me in the flesh, a messenger of Satan to torment me, to keep me from being too elated.⁸ Three times I appealed to the Lord about this, that it would leave me,⁹ but he said to me, "My grace is sufficient for you, for power is made perfect in weakness." So, I will boast all the more gladly of my weaknesses, so that the power of Christ may dwell in me.¹⁰ Therefore I am content with weaknesses, insults, hardships, persecutions, and calamities for the sake of Christ; for whenever I am weak, then I am strong.

Gospel Acclamation "Alleluia....."

Red Worship Book pg. 142

P: The Holy Gospel according to St. Mark

Gospel: Mark 6:1-13

¹ [Jesus] came to his hometown, and his disciples followed him.² On the sabbath he began to teach in the synagogue, and many who heard him were astounded. They said, "Where did this man get all this? What is this wisdom that has been given to him? What deeds of power are being done by his hands!"³ Is not this the carpenter, the son of Mary and brother of James and Joses and Judas and Simon, and are not his sisters here with us?" And they took offense at him.⁴ Then Jesus said to them, "Prophets are not without honor, except in their hometown, and among their own kin, and in their own house."⁵ And he could do no deed of power there, except that he laid his hands on a few sick people and cured them.⁶ And he was amazed at their unbelief.

Then he went about among the villages teaching.⁷ He called the twelve and began to send them out two by two, and gave them authority over the unclean spirits.⁸ He ordered them to take nothing for their journey except a staff; no bread, no bag, no money in their belts;⁹ but to wear sandals and not to put on two tunics.¹⁰ He said to them, "Wherever you enter a house, stay there until you leave the place.¹¹ If any place will not welcome you and they refuse to hear you, as you leave, shake off the dust that is on your feet as a testimony against them."¹² So they went out and proclaimed that all should repent.¹³ They cast out many demons, and anointed with oil many who were sick and cured them.

P: The Gospel of Our Lord

Red Worship Book pg. 143

C: Praise to you, O Christ. (spoken)

Children's Sermon

Pastor Erik Rundquist

Sermon

Pastor Erik Rundquist

Hymn of Day "How Firm a Foundation"

Red Worship Book# 796

- 1 How firm a foundation, O saints of the Lord, is laid for your faith in Christ Jesus, the Word! What more can he say than to you he has said who unto the Savior for refuge have fled?
- 2 "Fear not, I am with you, oh, be not dismayed, for I am your God and will still give you aid; I'll strengthen you, help you, and cause you to stand, upheld by my righteous, omnipotent hand."
- 3 "When through fiery trials your pathway shall lie, my grace, all-sufficient, shall be your supply. The flames shall not hurt you; I only design your dross to consume and your gold to refine."
- 4 "Throughout all their lifetime my people shall prove my sov'reign, eternal, unchangeable love; and then, when gray hairs shall their temples adorn, like lambs they shall still in my bosom be borne."

Text: J. Rippon, *A Selection of Hymns*, 1787, alt.

Nicene Creed

Red Worship Book pg. 104

Prayers of Intercession

P: One in the communion of saints and in the power of the Holy Spirit, we join our voices in prayer.

A brief silence.

L: Glorious God, you bend down to wash the feet of your disciples. Let the servant church arise in our teaching, our praying, our healing, and our doing. Make all your faithful people powerful in weakness and strong in grace. In your mercy,

C: hear our prayer.

L: Life-giving God, your fingers trace the heavens and your hands mold the earth. Where there is drought, bring nourishing rain. Where there is devastation from fire or flood, bring relief. Sustain the well-being of every living thing. In your mercy,

C: hear our prayer.

L: Merciful God, you speak and the nations listen. Open those who govern to the cries of all who journey with no food or shelter, particularly people fleeing violence, those seeking freedom, and those in search of community. In your mercy,

C: hear our prayer.

L: Gracious God, your embrace brings wholeness to those who are troubled. Anoint (*names and*) all who suffer in any way with the oil of healing and grant them renewal. In your mercy,

C: hear our prayer.

L: Welcoming God, in your presence strangers become companions and enemies become neighbors. Open our doors to those we have so easily shut out, particularly people who are different from us or who are marginalized by church or society. In your mercy,

C: hear our prayer.

Here other intercessions may be offered.

L: Eternal God, you gather us into your house of many dwelling places. We give you thanks for our faithful departed (*especially*). Inspire us by their lives of faith until, with them, we rest forever at our journey's end. In your mercy,

C: hear our prayer.

L: Holy God, holy and merciful: into your outstretched arms we commend ourselves and all for whom we pray, trusting in the one who is the way, the truth, and the life, Jesus Christ our Savior and Lord.

C: Amen.

Sharing of the Peace

Offering/Song **“As Grains of Wheat”** **Red Worship Book# 465**

Refrain: As the grains of wheat once scattered on the hill were gathered into one to become our bread; so may all your people from all the ends of earth be gathered into one in you.

1 As this cup of blessing is shared within our midst, may we share the presence of your love. *Refrain*

2 Let this be a foretaste of all that is to come when all creation shares this feast with you. *Refrain*

Text: Didache, 2nd cent.; Marty Haugen, b. 1950

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Offering Prayer

P: Jesus, Bread of life, you have set this table with your very self, and called us to the feast of plenty. Gather what has been sown among us, and strengthen us in this meal. Make us to be what we receive here, your body for the life of the world.

C: Amen.

Great Thanksgiving

Red Worship Book pg. 144

Preface

Holy, Holy, Holy

Red Worship Book pg. 144

Words of Institution

The Lord's Prayer

Red Worship Book pg. 145

Distribution of Holy Communion

This is the gift of God for all people without exception of faith tradition or age.

We provide gluten free bread and grape juice at your request.

Communion Hymn “Spirit, Spirit of Gentleness”

Red Worship Book #396

Refrain: Spirit, Spirit of gentleness, blow through the wilderness calling and free; Spirit, Spirit of restlessness, stir me from placidness, wind, wind on the sea.

- 1 You moved on the waters, you called to the deep, then you coaxed up the mountains from the valleys of sleep; and over the eons you called to each thing: "Awake from your slumbers and rise on your wings."
Refrain
- 2 You swept through the desert, you stung with the sand, and you goaded your people with a law and a land; and when they were blinded with idols and lies, then you spoke through your prophets to open their eyes.
Refrain
- 3 You sang in a stable, you cried from a hill, then you whispered in silence when the whole world was still; and down in the city you called once again when you blew through your people on the rush of the wind.
Refrain
- 4 You call from tomorrow, you break ancient schemes. From the bondage of sorrow all the captives dream dreams; our women see visions, our men clear their eyes. With bold new decisions your people arise.
Refrain

Text: James K. Manley, b. 1940

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Communion Hymn "I Am the Bread of Life" Red Worship Book# 485

- 1 "I am the Bread of life. You who come to me shall not hunger, and who believe in me shall not thirst. No one can come to me unless the Father beckons."

Refrain: "And I will raise you up, and I will raise you up, and I will raise you up on the last day."

- 2 "The bread that I will give is my flesh for the life of the world, and if you eat of this bread, you shall live forever, you shall live forever." **Refrain**
- 3 "Unless you eat of the flesh of the Son of Man and drink of his blood, and drink of his blood, you shall not have life within you." **Refrain**
- 4 "I am the resurrection, I am the life. If you believe in me, even though you die, you shall live forever."
Refrain

- 5 Yes, Lord, I believe that you are the Christ, the Son of God, who have come into the world. **Refrain**

Text: Suzanne Toolan, RSM, b. 1927, based on John 6

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Prayer after Communion

P: Jesus, Bread of life, we have received from your table more than we could ever ask. As you have nourished us in this meal, now strengthen us to love the world with your own life. In your name we pray.

C: Amen.

Blessing

P: The blessing of God, who provides for us, feeds us, and journeys with us, ✚ be upon you now and forever.

C: Amen.

Hymn "My Eyes Have Seen the Glory" Red Worship #890

- 1 Mine eyes have seen the glory of the coming of the Lord; he is trampling out the vintage where the grapes of wrath are stored; he has loosed the fateful lightning of his terrible swift sword: his truth is marching on.

Refrain: Glory, glory! Hallelujah! Glory, glory! Hallelujah! Glory, glory! Hallelujah! His truth is marching on.

- 2 He has sounded forth the trumpet that shall never call retreat; he is sifting out the hearts of men before his judgment seat. Oh, be swift, my soul, to answer him; be jubilant, my feet! Our God is marching on. **Refrain**
- 3 In the beauty of the lilies Christ was born across the sea, with a glory in his bosom that transfigures you and me. As he died to make men holy, let us live to make men free, while God is marching on. **Refrain**

Text: Julia Ward Howe, 1819-1910

Dismissal

P: Go in peace. You are the body of Christ.

C: **Thanks be to God.**

the worship is ended ... let the service begin ...

Announcements for July 7th

****The Noisy offering for the month of July is for the Food Shelf****



Prayer Concerns and Sympathy ~ Gary Wells, Joe Cappuccino, family of Richard Mayer, Karen Johnson, Vernon Zehms (brother of Joyce Seegebarth), Allie, Mya and Morgan (daughter and grand babies of Rebecca Wiczek), Richard Holmberg (brother of Sue Skalicky), Bob Kinblom, Tom Williams (brother of Robin Hendrix), David Shober, Larry Edin, Jerry Shober, Bradley Fairbanks, Lana Jensen, and Judy Smith.

Care facility member-Ron Klapel.

**For Health Care Workers, Firefighters, EMT's, Policemen & women,
and the military. For all those who serve to protect.**

For world peace. For our companion synods.

For our missionaries: Jacqueline and Patrick Bencke.

Announcements/Calendar

Sun. 8:30 am Coffee Fellowship; 9:30 am Worship/Mission Trip Blessing

Mon. 9 am Carpet Cleaning; 5:30 pm All Boards.

Tues. 9:30 am Women's Bible Study.

Wed. 10 am Staff mtg. 9:30 am Library; First Lutheran Church @ Knights Baseball Game at 6:30 pm at Brennan Field.

Thurs. 7 am Men's Fellowship; 7:30 am Men's Text Study; 9:30 am Quilting.

Fri. Corn and Clover Carnival Stand 9 am- Closing.

Sat. Corn and Clover Carnival Stand 9 am- 1 pm; 8 pm AA mtg; Leave for Mission Trip.

Sun. 8:30 am Coffee Fellowship; 9:30 am Worship.

Sat.-Sun. July 13-July 21 ELCA Youth Gathering Mission Trip to Memphis/New Orleans.

PLEASE NOTE DATE AND TIME CHANGE

If you are interested in joining the church, there will be a New Member Dinner Thursday, August 1st at 6 pm.

Please contact Pastor Erik or the church office.



Please join us at First Lutheran Corn and Carnival Food Stand, Friday, July 12th or Saturday, July 13th

Sign-up sheets are on the table in Narthex.
Please sign up if you can help.

Carnival stand will be very simplified this year.
Money will be used for Mission Trip.

It's always a great time to rekindle old friendships, see family members and have something good to eat!

Questions? Call Amy Johnson 320-591-0653 or Jamie Johnson 320-910-5815.



Change in Out to Lunch Bunch for July 18th.

*We will be going to Mom's Parkside Café in Pine City.
Please meet at 11 am to carpool down to Pine City.*